

## From the Editorial Advisory Board

“I wish you the very best in launching the *International Journal of Disease Reversal and Prevention*. The world of research continues to face great challenges, and I look forward to the contribution of this new Journal in bringing forward important new research findings.”

Neal D. Barnard, MD, FACC

*Adjunct Associate Professor of Medicine, George Washington University School of Medicine  
President, Physicians Committee, Washington, DC*

“Health Literacy starts with the ability of the health professional to translate complex scientific information to our patients, so they can make well informed health related decisions. The IJDRP will help this happen.”

Richard Carmona, MD, MPH, FACS

*17th Surgeon General of The United States  
Distinguished Professor, University of Arizona*

“This Journal will be the core of the seismic revolution in health. It can change the entire paradigm of how medicine is practiced. Just think of it relative to cardiovascular disease alone. As a nation we spend 45% of Medicare on cardiovascular disease, which is an illness almost non-existent in half the planet. This new Journal will be committed to educating both the public and physicians about the nutritional literacy that can empower them to eliminate cardiovascular disease and 75% of chronic illness. It will also mandate that nutrition must be taught in all medical schools and in post graduate training programs.”

Caldwell B. Esselstyn, Jr., MD, FACS, FACC, FACLM

*Director Cardiovascular Disease Prevention and Reversal Program,  
Cleveland Clinic Wellness Institute*

A medical journal devoted to plant-based dietary therapeutics can play an important role in the advancement of lifestyle medicine and achieving awareness of the power of nutritional excellence within the scientific and medical community and the general public.

Joel Fuhrman, M.D.

*President, Nutritional Research Foundation*

“The IJDRP will fill the void of using food as medicine in the scientific research world. Currently we lack a unique place to collaborate our efforts and consolidate the scientific evidence of the healing power of evidence-based nutrition. The IJDRP will

IJDRP (2018). From the Editorial Advisory Board, p. 8-9. *International Journal of Disease Reversal and Prevention*.

[www.ijdrp.org/other9/view/5](http://www.ijdrp.org/other9/view/5)  
<https://doi.org/10.22230/ijdrp.2018v1n1o9>

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INTERNATIONAL JOURNAL OF  
DISEASE REVERSAL  
and PREVENTION



provide that place and help propel the medical community to use food as the first prescription instead of pills and procedures for lifestyle diseases.”

Michael Greger, M.D. FACLM,  
*Founder NutritionFacts.org, Author How Not to Die*

“At a time when government agencies across the world are advising their citizens to take more plant based diets it is crucial that medicine also should recognize this imperative. The establishment of a medical journal that focuses on plant food nutrition is absolutely right for our times.”

David Jenkins, OC, MD, FRSC, FRCP, FRCPC, PhD, DSc  
*Professor of Nutritional Sciences  
Canada Research Chair in Nutrition and Metabolism  
Department of Nutritional Sciences, University of Toronto*

“Lifestyle Medicine is the most exciting field in medicine today. The IJDRP is at the forefront of the science supporting it.”

Dean Ornish, MD

From the Editorial  
Advisory Board

